| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|---|--|--|--|---|--|--|
|   | Sign-up for Lunch Bunch<br>8:45 Weights & Kinesthetics - SR<br>10:15 Weights & Kinesthetics - SR<br>11:15 Tom with live music in dining room<br>1:15 Blood Pressure Checks<br>1:30 Independent Living Birthday<br>Party<br>~ Cake and goodies<br>2:00 Independent Living Council<br>3:30 One-on-One Visits<br>All Fools' Day | 8:45 Resistance Bands and Lower2<br>Body Exercise – SR<br>Open – Walmart and Dollar Tree -<br>Schedule at front desk*<br>10:30 Lunch Bunch out to eat at<br>Libby's Catfish Cafe – Bus – Sign<br>up by 4/2 at front desk<br>12:45 Golf/Hatchet Throwing/Bean Bags<br>with Tom<br>2:45 Tim K in Concert - SR<br>3:30 One-on-one Visits  | 8:45 Weights & Kinesthetics – SR<br>Open - Kroger and Banks – schedule at front desk<br>9:30 Ashleigh and "Jaxson" – doggie visits<br>10:15 Weights & Kinesthetics –SR<br>10:30 Walking Wednesday with Bethany<br>11:15 Tom with live music in dining room<br>12:45 Chaplin McClaney with CCare<br>1:30 Mike C in Concert – SR<br>2:45 Regency and sub sandwiches<br>from Publix with chips<br>3:30 Pennies for Ponies                       | 8:45 Resistance Bands and<br>Lower Body Exercise – SR<br>10:15 Resistance Bands and<br>Lower Body Exercise – SR<br>1:30 Lady Luck Bingo for Quarters<br>2:45 Stephanie with United Cerebra<br>Palsy – stuffing goody bags<br>3:30 One-on-One Visits   | <ul> <li>8:45 Weights &amp; Kinesthetics - SR<br/>Open – Walmart and Dollar Tree -<br/>Schedule at front desk*</li> <li>10:00 Jennifer with Gooch &amp; Pippin</li> <li>10:15 Weights &amp; Kinesthetics – SR</li> <li>1:30 Monthly Crafting Session</li> <li>with</li> <li>~ Carol Kaye and a Painting Party</li> <li>• Napkin Flowers</li> <li>3:30 One-on-one visits</li> </ul> | During the day - One-on-Ones 6<br>8:45 Resistance Bands and<br>Lower Body Exercise<br>10:00 Bible Fellowship with<br>Harry<br>10:45 One on One Visits<br>1:30 Quarter Bingo – Lady Luck<br>Style with Random Winners         |
| Universe – in rooms<br>9:45 Ascension Church – SR<br>12:45 Chase Park COC – SR<br>1:30 Bible Study, Conversation<br>Ball, Trivia or Bingo - SR<br>2:30 Show Time in Movie Room<br>~ Show up to vote on movie<br>selection & stay to watch   | 3:30 One-on-one Visits   | Open – Walmart and Dollar Tree -<br>Schedule at front desk*<br>10:15 Resistance Bands and Lower<br>Body Exercise – SR<br>12:45 Golf/Hatchet Throwing/Bean<br>Bags with Tom<br>1:30 Quarter Bingo<br>2:45 Cheryl in Concert - SR<br>3:30 One-on-one Visits  | 10:15 Weights & Kinesthetics –SR<br>10:30 Walking Wednesday with Bethany<br>11:15 Tom with live music in dining room<br>12:45 Chaplin McClaney with CCare<br>1:30 Rocket City Trio in Concert –<br>SR<br>2:45 Regency and National Deep-<br>Dish Pizza Day – Papa Murphy's<br>"stuffed"<br>3:30 Pennies for Ponies   | Body Exercise – SR<br>10:00 Cappy and "Sadie"<br>10:15 Resistance Bands and Lower<br>Body Exercise – SR<br>10:45 Ascension Church with bi-<br>weekly devotion – 4 <sup>th</sup><br>1:30 Employee Birthday Party<br>1:30 to 3:30 p.m.<br>~ Jasmine and Quality Hearing HC<br>for free hearing tests, cleanings for<br>hearing aids, etc. | 8:45 Weights & Kinesthetics - SR 2<br>Open – Walmart and Dollar Tree -<br>Schedule at front desk*<br>10:00 Jennifer with Gooch & Pippin<br>10:15 Weights & Kinesthetics –SR<br>1:00 Mall Trip<br>1:30 Price is Right<br>~ Come and bid on the price of<br>items for your apartment. Everyone<br>wins!<br>2:45 Danny P in Concert<br>3:30 One-on-one visits                         | During the day - One-on-Ones <b>13</b><br>8:45 Resistance Bands and<br>Lower Body Exercise<br>10:45 One on One Visits<br>1:30 Tim Goff in Concert in<br>Sun Room<br>3:00 Tim Goff – 4 <sup>th</sup> floor                    |
| Universe – in rooms<br>9:45 Ascension Church – SR<br>12:45 Chase Park COC – SR<br>1:30 Bible Study, Conversation<br>Ball, Trivia or Bingo - SR  | 8:45 Weights & Kinesthetics - SP 5<br>10:15 Weights & Kinesthetics – SR<br>11:15 Tom with live music in dining room<br>1:15 Blood Pressure Checks<br>1:30 Shirley G with old time hits<br>on the piano & music quizzes<br>2:45 Everyone Wins Bingo with<br>Prizes<br>3:30 One-on-one Visits                                  | 8:45 Resistance Bands and Lower Body <b>16</b><br>Exercise – SR<br>Open – Walmart and Dollar Tree - Schedule<br>at front desk*<br>10:15 Resistance Bands and Lower Body<br>Exercise – SR<br>12:45 Golf/Hatchet Throwing/Bean Bags with<br>Tom<br><b>1:30 Karaoke/group singing with</b><br>Courtney with Amedisys<br>2:45 Manicures – Come. Bring<br>tools.<br><b>3:15 Pendant Testing - Library</b> | 8:45 Weights & Kinesthetics – SR <b>17</b><br>Open - Kroger and Banks – schedule at front desk<br>10:15 Weights & Kinesthetics – SR<br><b>10:30 Walking Wednesday with Bethany</b><br>11:15 Tom with live music in dining room<br>12:45 Chaplin McClaney with CCare<br>1:00 Library Trip<br><b>1:30 Bryan and Larry in Concert-SR</b><br><b>2:45 Regency and National Grilled</b><br><b>Cheese Day - SR</b><br><b>3:30 One-on-one visits</b> | Lower Body Exercise – SR<br>10:15 Resistance Bands and<br>Lower Body Exercise – SR<br>1:30 Regency Buck Auction   | 8:45 Weights & Kinesthetics - SR g<br>Open – Walmart and Dollar Tree -<br>Schedule at front desk*<br>10:00 Jennifer with Gooch & Pippin<br>10:15 Weights & Kinesthetics –SR<br>1:30 Spring Festival<br>~ Jeff & Taylor in concert in SR<br>~ JD playing in dining room<br>~ Kona Snow Cones<br>~ Hors d'oeuvres in dining room<br>~ Petting zoo<br>~ Games and prizes with vendors | During the day - One-on-Ones <b>20</b><br>8:45 Resistance Bands and<br>Lower Body Exercise<br>10:45 One on One Visits<br>1:30 Quarter Bingo – Lady Luck<br>Style with Random Winners   |
| Universe – in rooms<br>9:45 Ascension Church – SR<br>12:45 Chase Park COC – SR<br>1:30 Bible Study, Conversation<br>Ball, Trivia or Bingo - SR<br>2:30 Show Time in Movie Room<br>~ Show up to vote on movie<br>selection & stay to watch<br>3:00 Liz with Senior Reading Hour -<br>SR            | 11:15 Tom with live music in dining room<br>1:15 Blood Pressure Checks<br>1:30 Lady Luck Bingo for<br>Quarters<br>2:45 Everyone Wins Bingo with<br>Prizes<br>3:30 One-on-one Visits<br>Passover Begins<br>Earth Day  | Open – Walmart and Dollar Tree -<br>Schedule at front desk*<br>10:00 Cappy and "Sadie"<br>10:15 Resistance Bands and Lower<br>Body Exercise – SR<br>12:45 Golf/Hatchet Throwing/Bean<br>Bags with Tom<br>1:30 Quarter Bingo-Lady Luck Style<br>2:45 Angela with D3 Fitness for<br>reflexology and exercises  | desk*<br>10:15 Weights & Kinesthetics –SR<br>10:30 Walking Wednesday with<br>Bethany<br>11:15 Tom with live music in dining<br>room<br>12:45 Chaplin McClaney with CCare<br>1:30 Michael H in Concert-SR<br>2:45 Regency and Ice Cream<br>Social - SR <sub>trative Professionals Day</sub>   | 10:15 Resistance Bands and<br>Lower Body Exercise – SR<br>10:45 Ascension Church with bi-<br>weekly devotion – 4th  |  | During the day - One-on-Ones <b>27</b><br>8:45 Resistance Bands and<br>Lower Body Exercise<br>10:00 Bible Fellowship with<br>Harry<br>10:45 One on One Visits<br>1:30 Quarter Bingo – Lady Luck<br>Style with Random Winners |
| 8:30 One-on-One Visits<br>9:00 Our Lady Queen of the<br>Universe – in rooms<br>9:45 Ascension Church – SR<br>12:45 Chase Park COC – SR<br>1:30 Bible Study, Conversation<br>Ball, Trivia or Bingo - SR<br>2:30 Show Time in Movie Room<br>~ Show up to vote on movie<br>selection & stay to watch | 1:30 Lady Luck Bingo for<br>Quarters<br>2:45 Everyone Wins Bingo with<br>Prizes<br>3:30 One-on-one Visits  | 8:45 Resistance Bands and Lower B30<br>Exercise – SR<br>Open – Walmart and Dollar Tree -<br>Schedule at front desk*<br>10:15 Resistance Bands and Lower<br>Body Exercise – SR<br>12:45 Golf/Hatchet Throwing/Bean<br>Bags with Tom<br>1:30 Quarter Bingo<br>2:45 Show and Reminisce<br>~ Bring something to share or a<br>story to tell & let's get to know each<br>other                            | E S  | April   | Village - Independer   |  |

Calendar to be used a guide and subject to change. Events depend on current guidelines, resident's wishes, and transportation availability. Weather impacts addition/subtraction of outdoor events. \* Bank, Kroger and Walmart runs will be based on medical run schedule.